



**Reclaiming the Divine Feminine. Part Six**

Includes a meditation. Please don't do it unless you are somewhere safe and can give your full attention

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**What IS the Divine Feminine?**

- Not trying harder, rather learning to resist less
- Asking for help and then taking our hands off the steering wheel
- Rejecting immediate gratification in favour of long-term growth, health and integrity
- Being willing to face the fear of the unknown/chaos
- Realising that we don't always need to understand fully
- Valuing knowledge and experience over information
- The power of No

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**The Divine Feminine is Mother Nature**

- Death and rebirth are normal and nothing to be feared
- The Universe and all life operate in patterns and cycles
- Some days you eat, other days you get eaten
- Beauty is always around you
- Nothing 'real' can be hurried
- Spirit is part of the dynamic
- Misery is an important signal of being off-course, not something to be drugged away
- No one form of life is any more important than any other.

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**The Witch**

- *Malleus Maleficarum*, published in 1487 by Heinrich Kramer, a German Catholic clergyman. It saw 29 printings before 1669, second only to the Bible
- An attempt to control 'the power of life and death'
- Three criteria: the evil intentions of the witch, the help of the devil and the permission of God
- Argues that the devil and the witches under his leadership rarely harm the "pious", but they rather tease the "evil" with the consent of God



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### What We Lost...



They told you about the ring of fire but did they tell you about the crown of stars? Did they mention that there's a moment when your baby enters the world and you leave your body and touch the heavens and become the light of a million galaxies? Did they tell you how the pain of stretching to receive your child would be more exquisite than any sensation you've felt?

<https://www.spiritysol.com>

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### What We Lost

- We lost the knowledge that we are one with all creation
- We forgot that 'to have dominion' also means 'to have responsibility for'
- We forgot the Perennial Wisdom traditions
- We forgot the power of myth
- We forgot that the feminine autonomy over death and life was a healing and life-affirming lore
- We forgot that 'be fruitful and multiply' [*rabah* – to become great] might just get out of date...

**We fear chaos and insist on controlling – and outnumbering - it**

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### Ecology and the Divine Feminine

- Reclaiming the divine feminine is vital to the future of the Earth
- There is more we can do than recycle and use natural resources wisely
- We can help the elemental spirits to help us
- We must practice *Harmonic Resonance* to safeguard the Earth
- Talmud teaches that every blade of grass has a spirit coaxing it to grow
- *Faerie are receptive to humans who want to help.*

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### Why We Need to Work with Elementals

- 'Fighting' for planetary ecology brings in more destructive energy
- Working with Faerie brings mutual affection; companionship between levels of being is profound and powerful
- Love causes whatever it cares for to flourish
- Love heals pollution; hatred spreads it
- Perceiving a tree as 'him' or 'her' or 'them' changes our perception
- Appreciation attracts more to be appreciated
- As nature is weakened, so are its spirits. We can heal them with love

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### Types of Elementals

- Salamanders – spirits of fire
- Sylphs – spirits of air
- Undines – spirits of water
- Gnomes – spirits of earth

These are all *etheric* beings - the interface between physical matter and the astral plane

All under the wing of *Devas* (Shining Ones) under *Rose-Angel Anael*, lieutenant of Archangel *Haniel* (the Grace of God)



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### Elves – *the Sidhe*

- More complex than Elementals
- Live in places of great beauty and power
- Do not live in cities or towns
- Not always good, nor helpful
- Do not approach unguided
- Repelled by iron



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### Life Force of the Planet

- Rises up from the molten centre – solar force – through ley lines or etheric canals
- Devas look after specific locations – mountains, hills, rivers, lakes, seas, forests... Receive *chi* force and direct it through the web of life
- Ancestors acknowledged local 'gods' (*Kami* in Shinto)
- "Devas are the architects of nature while the nature spirits are the field workers and construction hands" — David Spangler (Findhorn)



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### Findhorn Foundation



Dorothy MacLean and Eileen Caddy

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## Findhorn Foundation

### *Pau Ferro (ironwood tree) Deva*

*The doomsayers of your kind spread their messages, messages of consequences too terrible to contemplate and so you do not...  
There are allies awaiting the call to serve – a call that arises already in some of you... Let that call awaken new potencies, new alliances, and a new future.*

Successful ecological work can only be done with joy, not anger or hatred. Creating relationships with nature is key

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## How to Work with the Devas

- In cities there are often trees growing in parks and public spaces. Relax in their presence and see what you appreciate about them. When you begin, you don't need to aim for communication. Just spend time in their company. Look for their auras at dusk
- If you have a garden, leave some of it wild
- Offer a libation to the nature gods
- If you are lucky enough to have found your sacred place in nature visit as often as you can *alone* so that the Deva and the spirits can get used to you and become friendly

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## Experiencing Faerie

- Visit your sacred place as often as possible preferably at dusk
- Still your mind
- Think green
- Watch with peripheral vision only
- Offer blessings to the angel/spirit/Kami of the land rather than to individual species of faerie
- Walk in nature at night by the light of the moon
- Name trees and plants

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## Meditation

### Into the Hollow Hills

Do not do this if driving or operating machinery



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## Homework

- Remember that you are no more important than anything else in nature
- Greet the morning every day – song is particularly powerful
- Greet all creatures seen; greet and love and encourage all plants you see - engage with creation
- Thank every item of food you eat
- Observe the Honourable Harvest when picking, shopping or foraging
- Sit or bathe in darkness regularly invoking the Great Mother
- When walking at night acknowledge devas from trees
- Visit your sacred place regularly so spirit can learn to trust and communicate with you
- Cultivate peripheral vision
- Walk barefoot on the land
- Practice ecology/recycling/campaigning with love rather than resentment

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